

**Photo**



**Ching-Pyng, Kuo RN, PhD**

**Research Summary**

Her main research topic is the correlation between sleep and nutrition, especially for populations with chronic diseases (diabetes), adolescents, community elders and residents of long-term care units. Research interests in recent years also include issues related to dysphagia and sarcopenia.

**Journal:**

1. Ching-Yi Lin, Yu-Ju, Chen, Shu-Hsin Lee, Ching-Pyng Kuo, Maw-Sheng Lee, Meng-Chih Lee (2019, Jul). Uses of dietary supplements and herbal medicines during pregnancy in women undergoing assisted reproductive technologies. A study of Taiwan birth cohort. *Taiwanese Journal of Obstetrics & Gynecology*, 58, 77-81.
2. Li-Hua Huang, Ching-Pyng Kuo, Yen-Chiao Lu, Maw-Sheng Lee a, Shu-Hsin Lee (2019, Jul). Association of emotional distress and quality of sleep among women receiving in-vitro fertilization treatment. *Taiwanese Journal of Obstetrics & Gynecology*, 58, 168-172.
3. Chyi Lo, Chien-Ning Huang, Ching-Pyng Kuo, Shiow-Li Hwang, Wen-Chun Liao (2017) , Relationship between sleep quality and blood glucose control in type 2 diabetic patients. *Taiwan Journal of Public Health*, 36(5), 497-510.

**Poster:**

1. Chin-Pyng Kuo, Hsu-Chung Chang, Wen-Chun Liao (2019, Jul). Exploring the impact of Chronotype on Sleep, Fatigue and Alertness with in Nurses under Fixed Shift. ICN Congress 2019, Marina Bay Sands, Singapore.
2. LI, P.C. & Kuo, C.P (2019, Jul). To explore the impact of multimedia health education

intervention on the pain and anxiety of woman receiving Mammography. ICN Congress 2019 in Singapore.

3. M.-C. Tsai<sup>1</sup>, C.-P. K (2019, Jul). Exploring the effectiveness of self-management intervention for improving the self-care behavior of diabetic foot. ICN Congress 2019, Singapore.

4. C.-P. Kuo, H.-C. Chang, S.-C. Chung, W.-C. Liao (2018, Sep). Association of chronotype with sleep and alertness in nurses under fixed shift. 24th Congress of the European Sleep Research Society (ESRS) 2018, Switzerland.

**Education:**

- Doctor of Philosophy (Nursing), Institute of Medicine, Chung Shan Medical University.
- Master of Science in Health Education, Department of Health Promotion and Health Education, National Taiwan Normal University.
- Bachelor of Science in Nursing, School of Nursing and Graduate Institute of Nursing, China Medical University.

**Areas of Expertise:**

- Community health nursing
- Sleep and nutrition
- Long-term care
- Dysphagia and sarcopenia.

**Biography:**

The courses taught by Dr. Kuo include community health nursing, nursing research, professional writing, creative health education, educational theory and strategy, and epidemiology. She also served as the Associate Chair of the School of Nursing, Chung Shan Medical University, and the Leader of the Curriculum Development Division. Her main research topic is the correlation between sleep and nutrition, especially for populations with chronic diseases (diabetes), adolescents, community elders and residents of long-term care units. Research interests in recent years also include issues related to dysphagia and sarcopenia.